ACADEMIC PROGRAM ARTICULATION AGREEMENT BETWEEN
CECIL COLLEGE
AND
UNIVERSITY OF MARYLAND EASTERN SHORE
ASSOCIATE OF SCIENCE IN EXERCISE SCIENCE TO
BACHELOR OF SCIENCE IN EXERCISE SCIENCE: FITNESS TRACK

This Academic Program Articulation Agreement facilitates the transfer of academic credits from the Associate of Science in Exercise Science at Cecil College for the completion of a Bachelor of Science in Exercise Science: Fitness Track at the University of Maryland Eastern Shore.

A. Qualifying Students

Students who:

- have successfully completed the Exercise Science program at Cecil College;
- are in good standing;
- have a minimum cumulative grade point average of 2.0 / 4.0
- are enrolled in Exercise Science (Fitness Track).

B. Transfer Guide: Section A – General Education

	Cecil College Courses			**University of Maryland Eastern Shore Comparable Course**		
Course Prefix & Number	**Course Name**	**Credits**	**Course Prefix & Number**	**Course Name**	**Credits Applied**	**Credits NOT Applied**
BIO 101 or BIO 130	General Biology or Principles of Biology	3	BIO 111	Principles of Biology I	3	
BIO 111 or BIO 131	General Biology Lab or Principles of Biology Lab	1	BIOL 113	Principles of Biology Lab I	1	
	Arts and Humanities	3		Arts & Humanities (Gen Ed Area 1.1)	3	
HEA 130	Healthful Living	3	EXSC 111	Personal Health & Fitness	3	
PSY 101	Introduction to Psychology	3	PSYC 100	Introduction to Psychology	3	
SOC 101	Intro to Sociology	3	SOCI 101	Intro to Sociology	3	
ENG 101	College Composition	3	ENGL 101	Principles of Composition I	3	
ENG 102	Composition & Literature	3	ENGL 102	Principles of Composition II	3	
MAT 127 or MAT 191	Introduction to Statistics or Precalculus	4	MATH 110 ***or*** MATH 210	Trigonometry and Analytical Geometry Statistics	3	
	General Education Subtotal	**26**		**General Education Subtotal**	**25**	**1**

Transfer Guide: Section B – Program / Major Requirements

	Cecil College Courses			**University of Maryland Eastern Shore Comparable Course**		
Course Prefix & Number	**Course Name**	**Credits**	**Course Prefix & Number**	**Course Name**	**Credits Applied**	**Credits NOT Applied**
BIO 208	Human Anatomy and Physiology I	3	BIOL 231	Human Anatomy & Phys I	3	
BIO 218	Human Anatomy and Physiology Lab	1	BIOL 233	Human Anatomy & Phys I Lab	1	
BUS 103	Introduction to Business	3	BUAD 132	Introduction to Business	3	
BIO 209	Human Anatomy and Physiology II	3	BIOL 232	Human Anatomy & Phys II	3	
BIO 219	Human Anatomy and Physiology II Lab	1	BIOL 234	Human Anatomy & Phys II Lab	1	
BIO 203	Nutrition	3	EXSC 360	Sport & Exercise Nutrition	3	
FWS 101	Introduction to Exercise Science	3	EXSC 200	Intro to Exercise Science	3	
FWS 110	Fundamentals of Personal Training	3	EXSC 464	Adult Health Fitness Programming	3	
FWS 111	Fundamentals of Personal Training Lab	1	EXSC 222 or EXSC 223 or EXSC 224	Beginners Swimming OR Tai Chi Foundations OR Fundamentals of Basketball	1	
FWS 130	Essentials of Fitness Assessment	3	EXSC 355	Exercise Testing & Prescription	3	

Transfer Guide: Section B – Program / Major Requirements

	Cecil College Courses			**University of Maryland Eastern Shore Comparable Course**		
Course Prefix & Number	**Course Name**	**Credits**	**Course Prefix & Number**	**Course Name**	**Credits Applied**	**Credits NOT Applied**
FWS 205	Exercise Science Internship	4		Free elective	4	
PED 282	Fundamentals of Sports Medicine	3	EXSC 302	Sports Medicine & First Aid	3	
Elective PSY 201 PSY 207 SOC 102 SOC 105	Program Electives (Choose One) Human Growth and Development Educational Psychology Social Problems Perspectives in Human Diversity	3	 PSYC 205 PSYC 207 SOCI 201 IEDI Course	 Developmental Psychology Educational Psychology Social Problems Gen. Ed. VI Elective	3	
	Program / Major Requirement Total	**34**		**Section A Subtotal**	**34**	
					59	

Transfer Guide – Section C – Remaining University of Maryland Eastern Shore Requirements

UMES General Education

	Cecil College Courses	
Course Prefix & Number	**Course Name**	**Credits**
EXSC 100	Freshman Experience	1
ENGL 203	Fundamentals of Contemporary Speech	3
	Gen Ed 6.2 (Computer Literacy)	3
ENGL 305	Technical Writing	3
MAT 109 or MATH 210	College Algebra or Statistics (If Not Taken Above)	3
	Remaining General Education Subtotal	**16**

Program Core

	Cecil College Courses	
Course Prefix & Number	**Course Name**	**Credits**
EXSC 202	Personal & Community Health	3
EXSC 252	Sport Psychology	3
EXSC 262	Contemporary Issues in Kinesiology	3
EXSC 332	Exercise Physiology	4
EXSC 202	Personal & Community Health	3
EXSC 455	Health Fitness Management	3
EXSC 445	Health Aspects of Aging	3
EXSC 275	Advanced Strength & Conditioning	3
EXSC 490	Internship in Kinesiology	6
	Remaining Program Subtotal	**35**

Major Requirements Courses

	Cecil College Courses	
Course Prefix & Number	**Course Name**	**Credits**
CHEM 111	Principles of Chemistry I	3
CHEM 113	Principles of Chemistry I Lab	1
ACCT 200	College Accounting	3
BUAD 213	Business Software Applications	3
DMST 210	Writing for Public Communication	3
	Remaining Accounting Major Courses	**13**

Remaining General Education Subtotal: 16
Remaining Program Core Subtotal: 35
Remaining Accounting Major Subtotal: 13
Remaining UMES Credits Total: 64
Total Program Credits: 122