



## **Cecil College and Wilmington University**

### **Associate of Science in Exercise Science**

**to**

### **WilmU's Bachelor of Science Health Sciences**

**Early Admissions Benefits** (must meet the requirements outlined under Student Eligibility Requirements for Early Admissions Benefits)

- Guaranteed admissions to WilmU
- WilmU application fee waiver
- Early access to a WilmU recruiter, admissions associate, and/or academic advisor 100% online or at a WilmU location
- Program-to-program course maps from a Cecil associate degree through the eligible WilmU bachelor degree
- Ability to enroll at both Cecil and WilmU concurrently
- Opportunity to complete select graduate courses as part of an undergraduate degree at the undergraduate per credit tuition

#### **Student Eligibility Requirements for Early Admissions Benefits**

- Students currently enrolled or have already completed a Cecil College associate degree
- Submit a WilmU Early Admissions Intent to Enroll Form
- Enroll in one of the following eligible bachelor degrees at WilmU:
  - Bachelor of Science in Health Sciences
- Submit a Cecil transcript with degree conferral to WilmU, and submit all official transcripts from all previously attended institutions. Completion of additional forms may be required for some majors or by enrollment status

### Associate Degree Coursework and Transfer

Cecil College			CR	Wilmington University Course Equivalents			CR
EGL	101	College Composition	3	ENG	121	English Composition I	3
EGL	102	Composition & Literature	3	ENG	122	English Composition II	3
MAT	121	Precalculus <b>or</b> Introduction to Statistics	4	MAT	200	Pre-Calculus <b>or</b> Inferential Statistics	3
MAT	127		4	MAT	308		
				MAT	1XX	Supplemental Math Credit	1
PSY	101	Introduction to Psychology	3	PSY	101	Introduction to Psychology	3
SOC	101	Introduction to Sociology	3	SOC	101	Introduction to Sociology	3
HEA	130	Healthful Living	3	HLT	321	Personal Wellness	3
BIO	101/111	General Biology I w/lab <b>or</b> Principles of Biology I w/lab	4	BIO	251	Biology I w/lab	4
BIO	130/131						
BIO	208/218	Human Anatomy and Physiology I w/lab	4	BIO	253	Human Anatomy and Physiology I w/lab	4
ART/HUM		Arts and Humanities	3	HUM	XXX	Humanities Elective	3
BUS	103	Introduction to Business	3	BBM	102	Introduction to Business	3
BIO	209/219	Human Anatomy and Physiology II w/lab	4	BIO	254	Human Anatomy and Physiology II w/lab	4
BIO	203	Nutrition	3	HLT	326	Nutrition for Healthy Living	3
FWS	110/111	Fundamentals of Personal Training I w/lab	4	HLT	1XX	Health Science Elective	4
FWS	120/121	Fundamentals of Personal Training II w/lab	4	HLT	1XX	Health Science Elective	4
FWS	130	Essentials of Fitness Assessments	3	HLT	1XX	Health Science Elective	3
FWS	135	Physiology of Exercise	3	HLT	1XX	Health Science Elective	3
FWS	180	Fitness Preparation for Special Populations	3	HLT	1XX	Health Science Elective	3
Program Elective	Suggested Electives are PED 135, PED 180, PED 282, HEA 174, HCD 120, and HCD 270		3	HLT	XXX	Health Science Elective	3
Total			60	Total			60

### Remaining Coursework - B.S. in Health Sciences

#	Course ID	Course Name	CR	Notes
1	Science Elective	Choose one 4 credit lab science (Biology, Microbiology, Chemistry, Physics)	4	See Note 2
2	ENG 310	Research Writing	3	
3	MAT 308	Inferential Statistics	3	See Note 2
4-6	HUM XXX	Upper Level Humanities Elective	9	
7	HSC 303	Professionalism in Health Sciences	3	
8	HSC 313	Ethical and Legal Issues of Healthcare	3	
9	HSC 323	Health Education & Principles of Teaching	3	
10	HSC 333	Leadership for the Healthcare Professionals	3	
11	HSC 343	Research for Evidence Based Practice	3	
12	HSC 380	Healthcare Policy	3	
13	HSC 423	Essentials of Public Health	3	
14	HSC 433	Health Sciences Practicum/Capstone	3	
15-16	HSC XXX	Upper Level Health Science Electives/ Certificate Courses/ Work Integrated Learning	6	
17-20		Health Science Electives or Certificate/Minor Options	9	
Certificate and Minor Options to consider with elective courses:			<ul style="list-style-type: none"> <li>• Holistic Perspective on Aging and Wellness</li> <li>• Interdisciplinary Care Management</li> <li>• Trauma-informed Approaches</li> </ul>	
<ul style="list-style-type: none"> <li>• Emergency Management</li> <li>• Family Science</li> <li>• Health Information Technology</li> <li>• Health Promotion: Fitness</li> <li>• Hispanic Cultural</li> <li>• Holistic Palliative and End of Life Care</li> </ul>			Dual Credit Advantage Options: <ul style="list-style-type: none"> <li>• Coursework toward Master of Business Administration or Master of Science in Management</li> </ul>	

Notes:

1. WilmU has a credit residency policy of 30 credits. Therefore, additional credits beyond the associate degree requirements can be completed at Cecil College. However, certificate and accelerated options are available at Wilmington University for students with elective space. Students should discuss their options with an advisor. The following courses can be completed at Cecil College to maximize transfer credit:
  - a. MAT 127, Introduction to Statistics, for MAT 308, Inferential Statistics
2. WilmU B.S. Health Science students have a requirement of 16 total science credits; Cecil students can maximize transfer credits by completing two additional courses with lab from the following options from Cecil College:
  - a. BIO 132/133 – Principles of Biology II w/lab for BIO 252, Biology II
  - b. BIO 200/210 – Microbiology w/lab for BIO 336, Microbiology
  - c. CHM 103/113 - General Chemistry I w/lab for CHE 261, Chemistry I
  - d. CHM 104/114 – General Chemistry II w/lab for CHE 262, Chemistry II
3. Dual Credit Advantage options allow students to enroll in some graduate coursework that can count toward both the undergraduate and graduate degree. Students must meet the appropriate GPA and other pre-requirements and should discuss this option with an advisor prior to enrolling in HSC 380 and HSC 313.