



SEAHAWK JOURNAL

FALL 2022

CECIL COLLEGE ADMISSIONS NEWSLETTER • ADMISSIONS@CECIL.EDU • 410-287-1006 • WWW.CECIL.EDU

Student Life Activities - Fall 2022

Cecil College’s Student Life Office welcomed new and returning Seahawks to the fall semester with mindfulness and wellness activities and workshops to promote student success.

At one Mindfulness Monday event, students created kindness rocks by decorating rocks with words of inspiration and placing them around campus to brighten someone’s day! At recent Seahawk Success Tuesday events, students learned what to expect in their first semester and the benefits of reaching out to faculty. On Wellness Wednesdays, students participate in 30-minute wellness yoga and meditation sessions.

Events are offered throughout the semester.

we are #cecilunited  



IN THIS ISSUE

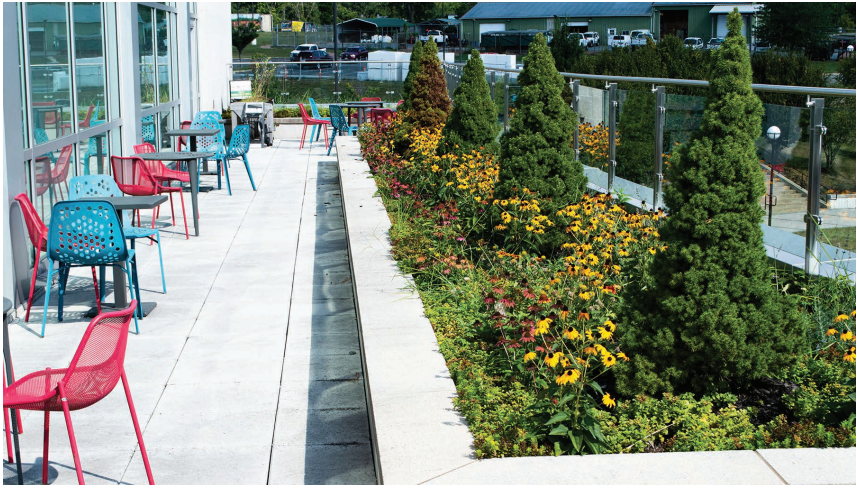
News & Events	2
Cecil College Athletics	3
Alumni News	4

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It is the policy of Cecil College to not discriminate against any individual by reason of race, color, sex, marital status, citizenship, national or ethnic origin, age, religion, sexual orientation, or disability. Please refer to the College catalog for the complete and detailed Nondiscrimination Statement.

NEWS & EVENTS



Biology Club Terrace Garden

The work performed by the members of the Biology Club back in May produced beautiful flowers on the terrace of the Engineering and Math Building for all to enjoy as the fall semester began. The terrace garden features regionally native flowering plants, including lavender, cinnamon fern, black-eyed Susan, Mesa Bright Bicolor flowers, Coneflower Wild Berry, and more.



Being part of the Biology Club has been a great experience. It's a nice opportunity to explore science outside of the classroom.

- Julia D.

This fall, the Biology Club hosted a Nature Trail Walk, providing students the opportunity to recharge outside and enjoy nature right on campus! After the walk, students enjoyed wraps and snacks provided by the club.



Student Life Hosts CARNIVAL CLUB DAY

The Student Life Office hosted its annual Carnival Club Day for students to discover all the clubs that Cecil College has to offer. Students met club advisors and members, played games and picked up Cecil swag.

Clubs and organizations at Cecil College are coordinated through the Student Life Office. Each one works with a faculty advisor to plan events, participate in college and community functions, and provide a space for interested students to gather.

ACADEMIC CLUBS

Alpha Alpha Theta (AAT)

DIVERSITY AND INCLUSION CLUBS

Cecil's International Affinity Organization (CIAO)
Multicultural Student Union (MSU)
Seahawk Pride

SERVICE AND SOCIAL ACTION CLUBS

Student Leadership Council (SLC)
Student Veterans

SPECIAL INTEREST CLUBS

Art
Biology
Chess
Computer Science/Cybersecurity
Criminal Justice
E-Sports
GeekDom
Music
Robotics
Seahawk Squawk
Visual Communications

SPIRITUALITY CLUBS

Amazing Grace

Cecil College students are welcome to join any of our clubs to gain practical experience and valuable professional skills. Students are also encouraged to start their own club. Being a part of student clubs and organizations is a great way to meet new friends, have fun, and try new things!

Throw-a-Thon supports Empty Bowls Dinner

Students, faculty and alumni from the Art and Design Program came together for a day of throwing or hand-building bowls! Twelve participants made approximately 50 bowls during the four-hour throw-a-thon.

Work made during the event will be donated to the Empty Bowls Dinner in partnership with the Newark Senior Center to benefit Meals on Wheels.



Seahawks Celebrate and ROCK THE VOTE!

Students joined Student Life staff in celebrating the signing of the United States Constitution and Citizenship Day in September. They learned about the Constitution by participating in activities and games on the quad.

In October, students registered to vote and make their voices heard on National Voter Registration Day.

PARENT'S CORNER



94% of students surveyed would recommend Cecil College to a friend or family member.*

*Community College Survey of Student Engagement, 2022

Parents and guardians play a vital role in their student's education. Cecil College makes it easy for you to find information necessary to answer your questions. Visit cecil.edu/admissions/parents to learn more about:

- Cost Comparisons to 4-Year Universities
- Transfer Agreements
- ADA and Tutoring Services
- Safety on Campus
- Enrollment Opportunities for High School Students

cecil.edu/admissions/parents



CECIL SEAHAWKS



CECIL VOLLEYBALL'S STATEMENT SEASON

After winning just one game in its 2021 season, Cecil Volleyball hit its stride in 2022. The Seahawks boast a winning record this season, highlighted by long stretches of success both for the team and individual student-athletes.

The Seahawks immediately matched their win total from last year with an emphatic three-set sweep of Beaver County in their August 27 home opener. Cecil dropped its next two matches but rattled off seven wins over its next nine games, sending a message to the world that the Seahawks meant business. Six of Cecil's wins during this stretch were on the road, where the Seahawks competed for all but six of their matches this season.

Leading Cecil's resurgence are a pair of familiar faces in Lydia Davis and Amanda Wagner. Both outside hitters were a part of the 2021 team, but Davis and Wagner have found another gear as sophomores. Davis currently sits first on the team in kills (204) and aces (57), with Wagner on her heels in both categories.

"This season at Cecil has been a lot of fun," said Davis. "We struggled last year but we have managed to come together as a team and win more this season. It has helped having more girls on the team, and we have all become really close."

Two of the additions Davis is referring to are freshman setter Skylar Klingler and freshman libero Lily Landis. Klingler has set the table for nearly all the attacking efforts from Davis and Wagner, while Landis provided a stable presence in the back row with a team-high 167 digs.

"2021 was a rough season," said Wagner, "but I am glad we

went through that because it made the team more determined and committed to come back and be better this season. It motivated us, and we brought in a different energy to move forward with what we learned. I could not be more grateful to play with this team, and I am thankful to have the opportunity to fulfill my dream of being a college student-athlete."

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- Amanda W.



ACADEMICS AND ATHLETICS: A perfect combination

Interested in supplementing your academics with participation in one of our nine NJCAA-sponsored athletic teams?

As a student-athlete at Cecil College, our commitment to you is academic excellence in addition to success on the playing field/court. Nowhere is that commitment more evident than through the numerous academic accolades awarded to Seahawk athletes, including:

- NJCAA All-Academic
- NJCAA Region 20 Academic Honors
- Maryland JUCO Academic Awards
- Cecil College President's and Dean's Lists
- Commencement Keynote Speaker

BECOME A SEAHAWK!

Learn more at www.cecilathletics.com.



Cecil College Record Broken in Historic 2022 Men's Cross Country Season

The 2022 Cecil Men's Cross County season was a historic one for the Seahawks. Led by head coach Dylan Kaplan, Cecil ended its regular season with top 10 finishes while besting several four-year universities and colleges along the way.

Headlining the Seahawks' performances this season was a third-place finish at Goucher College's Coach Caslin Classic on October 8. Four Cecil runners went on to break the College's record for an 8K race that Saturday, set previously by Daniel Mitzel's 32:37 time in the first year of the program's existence (2019). Leading the pack was freshman Jalen Dhanoolal, who shattered the record by over three minutes at 29:30 for a 17th place finish. Cory Braddy just missed out on the record after finishing 00.00.4 seconds behind Dhanoolal. Also clearing the historical marker that day were dual-sport student-athlete Leon Njoroge (30:18) and Michael D'Aiuto Jr. (31:09).

Cecil's team score of 87 slotted the Seahawks ahead of NJCAA Region 20 rivals Harford, CCBC-Catonsville, and Carroll. They also topped several four-year programs in Gallaudet and Penn State Mont Alto.

The Seahawks also had a sixth-place team finish at the Sting Invite hosted by Delaware State University. Braddy and Dhanoolal led the way again, finishing 22nd and 25th, respectively. Cecil managed to knock off CCBC-Catonsville again and Lincoln University (Pa.) on the day.

"It has been an incredible season," said Kaplan, "I could not be prouder of this team and what we have accomplished in the two seasons since I took over. We are looking forward to building on these results and expanding the program in the future."

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ALUMNI SPOTLIGHT



Cecil College Alumnus on Frontline of Covid-19 Education

When Zohaib Ishaq talks about his love for this country, his words carry a profound meaning as the United States, for him, has been an actual land of opportunity. Emigrating to the United States as a teenager from Pakistan, his family settled in the Cecilton region of Cecil County. Opportunities abounded as he took full advantage of his education, excelling in the classroom while learning a new language.

“Being able to attend college was very important to me as I saw it as my way of realizing my dream. For that reason, education was a priority,” said Ishaq, who was also looking for the most affordable pathway to his dreams. “I didn’t want to go to a four-year college immediately because of the cost. Every student should consider the cost of college when choosing where they are going after high school.”

He decided to attend Cecil College with several of his high school friends, and his life was forever changed. “I found my home. Cecil College was like a second home for me as I would come to campus at 8 o’clock in the morning and stay there until eight or nine at night. I would have my classes, but there was so much more for me to experience,” said Ishaq.

As an honor student at Cecil College, Ishaq worked as a peer tutor for the anatomy and physiology program and as a student lab assistant. He was heavily involved with Cecil College’s Alpha Alpha Theta (AAT) Chapter of the Phi Theta Kappa (PTK) International Honor Society, working on community service projects. These interactions with faculty, staff, and students helped break him out of his shell in preparation to transfer to the University of Maryland.

With a Bachelor of Science degree in Medical Laboratory Science, Ishaq worked at Johns Hopkins Medical Center before his commission into the United States Public Health Service Commissioned Corps (USPHS CC) at the rank of lieutenant junior grade (now promoted to Lieutenant). The United States Public Health Service is one of the eight “uniformed services” that includes the Army, Navy, Air Force, Marine Corps, Space Force, Coast Guard, and National Oceanic and Atmospheric Administration.

Ishaq’s first duty station was in South Dakota as supervisor of the regional blood bank. During his 18 months in South Dakota, he continued his education by earning a Master of Science degree in Public Health with a concentration in health education and promotion from Benedictine University in Chicago.

As the COVID-19 pandemic began to spread across the country, his team was redeployed to Clinton, Oklahoma, where the virus ravaged the Native American population.

Working hand-in-hand with the U.S. Public Health Services’ coordinator for diabetes, they implemented a plan to educate the population on the elevated risks diabetics have with Covid-19 and then on the benefits of the vaccine once it was available.

Ishaq transferred back to the East Coast that same year to work with the FDA, ensuring proper procedures, paperwork, and federal regulations are being met for products being imported at the Philadelphia and Wilmington seaports.

Aside from his work with the FDA, he is a planning officer on the U.S. Surgeon General’s education team for the Philadelphia Region, reaching out to organizations/communities on issues such as mental health, drug addiction, and food safety.

Along with providing community education, Ishaq is teaching a public health course at Cecil College this fall.

“I feel proud to have the opportunity to return to Cecil College to teach what I have learned and experienced since my time at Cecil. It is amazing how life works, coming full circle and giving back to the college that gave me my start,” said Ishaq.

“I feel proud to have the opportunity to return to Cecil College to teach what I have learned and experienced.”



I highly recommend Cecil College because the faculty and staff do a great job making you feel very welcome, and it’s also very affordable compared to some other schools!

Jackie G.
Cecil College ‘21
Human Resources Technician

FIND OUT IF CECIL COLLEGE IS RIGHT FOR YOU!

Contact an Admissions representative to learn about:

- Academic Offerings
- Tuition Rates
- Paying for College
- Student Life
- Student Services and Resources
- Admissions Next Steps

Call us today with any questions at 410-287-1006, live chat on cecil.edu during regular hours, or email admissions@cecil.edu. We look forward to hearing from you!

The Cecil College Foundation provides scholarships to recent high school graduates as well as adult students. All current and future students of the College are encouraged to apply.

Awards are need and non-need based. Complete your application at cecil.edu/scholarships.
foundation@cecil.edu • 410-287-1053

